## Claggett Center - Spring Menu

The following menus are subject to change without notice.

## Breakfast

The spring oatmeal bar features steel cut oats, chia seeds, and dried apricots.

Daily breakfast items include yogurt, cottage cheese, granola, assorted cereals, and fresh cut fruit.

Mushroom, Cheese Fritatta	Brioche French Toast	Cottage Cheese Pancakes	Spring Veggie Egg Bake	Smoked Salmon Quiche
Potatoes O'brien	Scrambled Eggs	Scrambled Eggs	Hash Browns	Pork Bacon
Pork Bacon	Pork Sausage Links	Pork Sausage Patties	Pork Bacon	Turkey Bacon
Turkey Bacon	Turkey Sausage Links	Turkey Sausage Patties	Turkey Bacon	Oatmeal Bar
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Cinnamon Rolls with Icing
Biscuits with Butter & Jelly	Berry Bar		Berry Bar	

## Lunch

Daily salad bar options include mixed greens, assorted fresh vegetables, and at least one vegetarian protein source, including seasonal homemade salad dressings.

Alternative menu items for special diets are provided when requested by guests in advance. Examples of some special diet options are noted here in parenthesis.

 $A\ light\ dessert\ of\ cookies,\ brownies,\ or\ bars\ are\ served\ daily.$ 

Spinach, Hummus, Roasted Pepper Wraps	Herb Chicken & Asparagus Stir Fry	Ropa Veija (Seasoned Shredded Beef)	Spring Time Flat Breads	Vegetable Penne Primavera
Vegetable Pistou Soup	Basmati Rice	(Vegan Veija)	Spring Onion, Prosciutto, White Bean	Grilled Chicken Breast
Fine Herbs Roasted Potatoes	Steamed Spring Peas	Roasted Cuban Zucchini	Asparagus, Tomato, Feta	Green Pea & Garlic Soup
Sauteed Dandelion Greens	Artisan Roll	Cuban Black Beans & Rice	Spring Green Quinoa Salad	Steamed Green Beans
Pea Shoot Salad	New Potato Salad	Avocado, Arrugula Salad	Steamed Green Beans	Garlic Bread
			Citrus Red Potatoes	

Chicken, Vegetable Hand Pies	Claggett's Fish Tacos	Ham & Swiss Quiche	Smoked Salmon & Spring Pea Pasta	Chicken Banh Mi Pizz
Sugar Snap Peas	(Mushroom, Tempeh Taco)	(Mediterranean Vegetable Quiche)	Steamed Asparagus	(Vegetable Banh Mi Pizza)
House Jeruselem Artichoke Chips	Red Cabbage Slaw	White Bean, Mustard Green Soup	Broccolini	Vegetable Spring Roll
Steamed Broccoli	House Pico de Gallo	Potato Wedges, Fresh Herbs	Garlic Bread	Stir Fried bok Choy
	Black Bean Salad	Marinated Roasted Tomatoes		Thai Baby Spinach
	House Made Tortilla Chips			
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## Dinner

Daily salad bar options include mixed greens, assorted fresh vegetables, and at least one vegetarian protein source, including seasonal homemade salad dressings.

Alternative menu items for special diets are provided when requested by guests in advance. Examples of some special diet options are noted here in parenthesis.

Assorted desserts are served daily.

Lemon Roasted Chicken	Beef Chimichuri	Baked Rainbow Trout with Brown Butter, Walnut, Lemon	Porcini Dusted Pork Tenderloin	Spicy Chicken Thighs
(Roasted Smokey Tempeh)	(Soy Chimichuri)	(Baked Tempeh, Roasted Tomato)	(Porcini Roasted Tofu)	Middle Eastern Lentil Stew
Jeruselem Artichokes, Capers	Roasted Baby Beets	Herb Orzo Pilaf	Fresh Spinach, Leek Saute	Rhubarb Cucumber Salsa
Broccoli Rabe	Zucchini Saute	Maple Dill Carrots	New Potatoes, Wild Leeks	Broccoli, Feta Brown Rice
Seared Endive	Quinoa	Braised Artichokes	Steamed Peas	Edamame Saute
Warm Rolls	Parker House Roll	Asparagus, Barley Salad	Warm Rolls	Baby Bok Choy
		Whole Grain Rolls		Pea Shoot Salad
				Warm Naan
Pork & Asparagus Stir			Mixed Grill	Red Chimichuri

Pork & Asparagus Stir Fry	Cheese Ravioli Lasagna	Lemony Chicken Thigh Piccata	Mixed Grill (Lamb/Chicken)	Red Chimichuri Chicken
(Tempeh, Vegetable , Herb Stir Fry)	Sun Dried Tomato Sauce	(Portobello Mushroom Piccata)	(Lemongrass Tofu)	(Red Chimichuri Cauliflower, Tofu)
Basmati Rice	Steam Peas, Pearl Onions	Herb Butter Fingerling Potatoes	Israeli Cous Cous, Roasted Radish, Fennel	Asparagus, Spring Onion, New Potato Gratin
Steamed Broccoli, Toasted Sesame	Braised Mustard Greens	Broccoli Rabe	Eggplant, Tomato Saute	Steamed Green Beans
Naan	Mustard Green Salad	Roasted Chayote Squash	Yellow Squash, Red Pepper Saute	Braised Swiss Chard
	Ciabata Garlic Toast	House Made Rolls	Pita	Warm Rolls